

The Orbit

THE MONTHLY NEWSLETTER OF
TRINITY EVANGELICAL LUTHERAN CHURCH
ALTOONA PA
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May/June 2025

"Our God, you bless everyone whose sins you forgive and wipe away. You bless them by saying 'You told me your sins, without trying to hide them, and now I forgive you'. Before I confessed my sins, my bones felt limp, and I groaned all day long. Night and day your hand weighted heavily on me and my strength was gone as in the summer heat. So I confessed my sins and told them all to you. I said, 'I'll tell the Lord each one of my sins'. Then you forgave me and took away my guilt. We worship you, Lord, and we should always pray whenever we find out that we have sinned...All kinds of troubles will strike the wicked, but your kindness shields those who trust you, Lord. And so your good people should celebrate and shout."

Psalm 32:1-6; 10-11



From the Pastor:

As a pastor I am often asked how people can reduce their stress level and how they can get rid of the anxiety in their lives. The answer, at least in part, can be found in our Psalm. One thing we can do is confess our sins. As Lutherans we tend to shy away from individual confession as something the Catholic church does, not us. However, there is peace that can be found in our confession. Not only the peace that comes with the promise of God's forgiveness, but the peace that comes from getting our sins "off our chest." Our Psalmist points out something that we sometimes forget in our daily lives. Confession of sins daily is important for our spiritual life. We are called to trust God, with our lives and with our sins. When we do this we too will be able to "celebrate and shout."

Peace



Trinity Council President

Trinity Council President

Welcome, everyone, and happy spring. Yes, it is April already, even though spring started on the 20th of March. I have seen many rabbits hopping around the yard this past week. I hope the weather soon starts to be spring instead of this up-and-down chilly weather, which that miserable groundhog predicted. I hope he goes into hibernation, but I know that won't happen. Spring is a beautiful time of the year in PA. Flowers begin to bloom, trees are budding and starting to fill in, and things are starting to green up. Unfortunately, it's that time where we need to get into the yards and clean up that winter mess that was left, leaves, twigs, etc. So get those mowers tuned up and sharpened up because there will be grass to cut soon. I really don't know where time goes, because it's already time to write this May/June letter for 2025.

With May right around the corner, we need to remember some important holidays. The first will be on the 11th, Mother's Day. We cannot forget what they have done for us. First, by having us and then taking care of us, and doing the necessary things in life until we finally leave the nest. So don't forget to wish them a wonderful day, along with giving them a hug and a beautiful card. For the ones who have passed, such as my mother and others, we have to be thankful and never forget what they have done for us throughout our lives, while they were here. We will never forget them.

The 17th of May is Armed Forces Day. So if you see a family member of a current serving member of the US military, take a minute and thank them for their loved one's service, either abroad or at home. I'm sure they will appreciate it.

As May is flying by, the 26th will be here before we know it, and that will be Memorial Day, which is a very special and honorable day. I know there will be many picnics and other things taking place, such as parades and people observing the cemeteries of the men and women who dedicated their lives for us and this country. There will be many flags placed upon the graves and upon many homes throughout the country. *Let us not forget the ones who gave all when they served and did not return.*

June being right around the corner, Saturday the 14th will be Flag Day. So get those flags out and fly them to show that we are patriotic and proud to be Americans. This year, with things the way they are, it will be nice to see the red, white & blue along with those great stars.

The following day, the 15th, Sunday, will be Father's Day. So again, let us remember what they actually have done and provided for us. Providing many essentials that we probably took for granted until we got older and could understand. Don't forget to thank them.

As we look back, there have been many things that have taken place at Trinity the past several months, and continue, such as the Healthy You program, the Sewing Group, Bible Studies, and the Prayer Breakfast, just to name a few. There are also youth groups that elementary age and junior, and senior high school kids can participate in. Also, several committees at Trinity could use some help. If you have time to participate in one of these, your help would be greatly appreciated.

Just a reminder, there are a few dates available to sponsor the bulletins and the altar flowers. If you would like to sponsor one of these, for remembrance or a special occasion, contact Judy Hale.

Just a reminder you can read the monthly church council meeting minutes that are now something new that is being put in The Pulse. Remember if you have anything to put in either The Orbit or The Pulse, you are more than welcome to submit the information to either the church office, the Pastor, or to a council member. Please know your thoughts and opinions matter, so don't be afraid to speak up.

Also, a future event to remember is a bus trip to Sight & Sound Theater to see Noah. Jim Frederick is working on arrangements for this to take place on October 14th. Please contact him if you are interested in this trip. Jim's phone number is 814-329-3145.

Take care and God bless until next month.

Yours in Faith,
Kenneth B. Myers



Trinity Happenings

Happenings for May and June

SEQUANOTA: It is time for Sequanota summer camp. For any kids wanting to go to camp, you can register online at Camp Sequanota. Then simply fill out the Cook Fund application (found at the back of the church) and tell us which week you are going.

Trinity Bus Trip in October Information:

The bus will leave from the Jaffa parking lot at 6:30 on October 14th. for the 11 o'clock showing of "NOAH" at Sight & Sound Theater. The cost is \$163.00 per person and includes premium seats in the center of the auditorium and bus fare. We will stop on the way home at a Hoss's restaurant. This meal is not included in the price. We need a deposit of \$50.00 to hold your seat with the balance due on or before Sept. 1st.

Payment can be made via PayPal, Venmo, cash, or a check made out to Jim Frederick.

Contact Jim Frederick with any questions at 814-329-3145.



Trinity Healthy You/Social Ministry Committees

Healthy You

You should really consider joining us on Tuesdays at 10:30 am and Fridays at 10 am. When we are not exercising with St. Andrews kids, we then nibble on what is in the kitchen, or sometimes someone will bring something in, then we either play a brain game or “solve the problems of the world.”

Social Ministry

We are planning to organize a project that would help us supply the women's and men's shelters with personal items. We have done so in the past and this was very much appreciated. Many are not from this area and find it difficult to obtain these items.

Since the next Orbit will be the end of June, we will start collecting in May. More information will follow after Easter in the bulletin. We would also like to gather the birthdays of our congregation. Obviously, only the month and day. This would allow people to send you a birthday card.



Trinity Worship and Music Committee

April 8, 2025

Pastor Eli, Debbie Garritano, Judy Hale, John Ebersole, Cindy Finnegan

April

13 Palm Sunday

17 Holy Thursday: noon and 6:30 p.m.

18 Good Friday: noon and 6:30 p.m.

19 Easter Saturday: 6:30 p.m.

20 Easter Sunday: 6:30 a.m. 10:45 a.m.

27 Pastor's Birthday

28- June 2 Easter season

May

3-4 Pastor on vacation, Pastor Ralph Hamer will cover.

June

8 Pentecost-Confirmation

15 Holy Trinity

Service

Plan for Lenten services: We will have weekly Lenten services beginning with Ash Wednesday. The service times will be 12:00 noon and 6:30 p.m. Pastor's theme for the weekly services will be Women of the Bible.

Flowers

Judy

Music

Cindy – May 10-11 Cindy will be off for her son's graduation. She will have coverage for those days. Choir is set for Palm Sunday. There will be some special music at the 10:45 on Easter. June 22 nd Cindy will be at recitals for her students. Jack will cover for her that day. She requested to purchase more music folders for the choir. All agreed.

John- Chimes will be playing for Easter

Adam – youth will play for Easter.

Spring concert: Raystown Woods and three of her students to play in the spring. The date for the concert will be April 27, 2025, at 3:00 p.m. There will be a reception following the concert. John will take care of the PR for the concert. Cindy put announcements in the bulletin.

Altar

We will be receiving altar paraments from Pastor's grandparent's church which is closing.

Next meeting: May 13, at 11:00 a.m.



Trinity April Council Minutes

Trinity Lutheran Church Unapproved : Council Minutes of April 22, 2025 : Debbie Garritano, Secretary

Attendance

Present

Pastor Eli

Ken Myers, President 2026

Debbie Garritano, Secretary 2025

Ralph Grove, Treasurer

Lisa Bush 2027

Absent

John Ebersole, Vice President 2025

Tom Settle, Assistant Treasurer

Adam Counterman 2025

Chris Thompson 2025

Nevin Woodring 2027

Jim Buchanan 2025

Pam Mueller 2026

Dave Mueller 2026

Brenda Adelman 2027

Sharon Kutz 2027

Greetings/Devotions

The meeting was called to order by President, Ken Myers.

Ken remarked that the Easter celebration was well attended. He thanked all who came and participated. There were 103 in attendance at 10:45, 70 at 6:30 and about 50 on Saturday.

Minutes from last meeting.

Minutes from the March meeting were read. Dave made a motion to accept the minutes. Lisa seconded the motion. Motion passed.

The minutes from the Council meetings will now be on the Pulse and at the back of the sanctuary.

Treasurer's Report

Ralph presented a written Treasurer's report. He said that everything is up to date. He said he is having trouble getting the Portico bill each month (Pastor's Health Insurance). He and Pastor will work on getting the bills on time. Ralph has been in contact with Tom Settle to schedule times to work together. Brenda made a motion to accept the Treasurer's report. Pam seconded the motion. Motion passed.

Pastor Hess' Report

Pastor gave a verbal report. Mid-week Lenten services went well, and attendance was good. Everyone was very receptive to the Women of the Bible. She had two funerals, Sue Nycum and Chip Bumbarger. She has had two wedding meetings. She was able to visit some of the shut-ins before Easter, but she did call if she couldn't visit. Easter services went very well. There were a lot of children at the 10:45 service and there were 7 individuals who took First Communion.

Committee Reports

Property – Ken reported that he talked to Adam, and he said that everything is caught up right now. Debbie asked when the red alley door was going to be replaced because of the rust. Ken will talk with Adam about this. Worship and Music – presented as written

Stewardship – none

Christian Ed – Vacation Bible School will be August 3 through the 7. There will be a meeting when Pastor is back from vacation.

Old Business – none

New Business

Church Organ – Repair Update – Ken had people come in to look at the organ. The motor had been repaired in 2018. Electric Motor Service took the motor on Tuesday. They hope to look at it this week and will let Ken know the prognosis. The piano should be tuned in the near future.

Other – Sharon announced that the next Orbit deadline is April 24. Get your reports in.

Sharon also asked about Camp Sequanota. Pastor said that all sign up is online. She will get the Cook Fund applications out and put an announcement in the bulletins and Orbit. The applications are due May 31, 2025.

Brenda made a motion to adjourn. Sharon seconded. The meeting was then adjourned.

We closed with the Lord's Prayer.

Respectfully submitted,

Debbie Garritano

Next meeting: May 27, 2025 at 7:00 p.m.

Prayer List

Please keep the following people in your prayers ...

TRINITY MEMBERS

Ashley Aungst
Ted Baird
Giana Berardinelli
Shelby Benzel
Church Council
Church Health Team
Don Corl
Helen David
Matthew Edevane
Maizie Emswiler
Allen Everhart
Tom Hammond
Bob Hofmann
Martha Jones
Nora Kuntsbeck
Ken B. Myers
Nycum Family
Jaden Rhode

SHUT-IN MEMBERS

Patty Auker
Chris Burda
Gary Crownover
Shannon Kratzer
Ken Kumpf
Janet Gordon
Marie Laich
Arlene Roessing

ARMED FORCES

Jason Buck
Kyle Eberhart
Nathan Frank
Ryan Maguire

Lisa Smearman
Nancy Yeager
Stephanie Yeager
Hamilton

David Aikens
Donnie Alwine
Janet & Charlie
Aungst
Scott Aungst
Carolyn Bauers
Dan Baughman
Robin Behe
Kris Bennett
Dana Beschler
Zayne Bowmaster
Chet Boyer
Terry Brown
Christopher
Buchanan
John Bush
Jeff Cipriani
Julian Colan
Tracee Cole
Scott Corl
Carl Corle
Janie Coyne
Amiee, Jason, Zoe
Cramer
Lisa Dalansky
Jorden DeFrancisco
Gina Edevane
Autumn Emswiler
Phil Esper
Ian Esper
Fink Family
Skyler Franell
Misty Franell
Nicole Gearhart
Haley Gehret
Pat Griffith
Tish Grove
Teresa Grum
Thomas Hamilton
Bob Hamilton
John Hancuff
Ann Hanczaryk
Tom Haney
Madeline Hanley
Brandon Harper &
daughters

FAMILY MEMBERS AND FRIENDS

David Harpster
Donald Haslam
Carol Haslam
Tom Hatch
Karli Hey
Emily Hileman
Ed Hoover
Eli Hughes
Samantha Januska
Debbie Joseph
Nicki Kaltenbrunner
Barbara Keaster
Rebecca Kinney
Cindy Lamont
Jan Lastaglia
Heather Leader
Stewart Logan
Lou Lohsl
Joyce Longstreth
Anthony Luciano
Jameson Lytle
Linda Mardula
Steve Mardula, Sr
Chelsea Martin
Bill McClellan
Carmen McGonical
Family
Brandon McGraw
Samantha McQuade
Jessica Medeiros
Nancy Mock
Maelee Morning
Mary Lee Morning
Jess Mourabit
Linda Mowrer
Bill & Penny
Murphy
Sharon Myers
Georgie Nauser
Wyatt Nite
Zach Noel
Dennis Paulsen
Frances Pringle
Tommy S. Pringle
Lorenzo Recchia
Donald Ruckinger

Iverson Runk
Jeanne Rutherford
Conner Sanders
Evan Sanders
Sanders family
Ronald Settle
Daryl Seymore
Lynn Shaffer
Marilyn Shannon
Gloria Shoup
Debbie Smith
Stephani Smithbower
Dottie Smith
Nancy Stewart
Harry Taylor
Wendy Toribio
Lisa Turek
Lisa Vaughn
Jameson Joseph "JJ"
Williamson
Steve Wood
Barb & Fred Woods
Paul Wright
Tiquan Wright
Baby Gwen
Elsa
Jessie
Junie
Natalie
In spoken request
"M"
ALBH
BMG
BPMC
KCB
JJM
RDG



Please know that you can add someone to our prayer list at any time by calling the church office (943-3972). If it is appropriate to remove someone from the prayer list, again, please inform the church office. Names of family and friends will remain on the prayer list for two weeks. You can keep someone's name on the list by calling the church office and giving us a brief update so that we can continue to effectively pray for your loved one.



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May/June 2025

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Lectionary Readings for the Months of May & June

May 4

Acts 9:1-6 [7-20]
Psalm 30
Revelation 5:11-14
John 21:1-19

May 11

Acts 9:36-43
Psalm 23
Revelation 7:9-17
John 10:22-30

May 18

Acts 11:1-18
Psalm 148
Revelation 21:1-6
John 13:31-35

May 25

Acts 16:9-15
Psalm 67
Revelation 21:10, 22—22:5
John 14:23-29

June 1

Acts 16:16-34
Psalm 97
Revelation 22:12-14, 16-17, 20-21
John 17:20-26

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June 8

Acts 2:1-21
Psalm 104:24-34, 35b
Romans 8:14-17
John 14:8-17 [25-27]

June 15

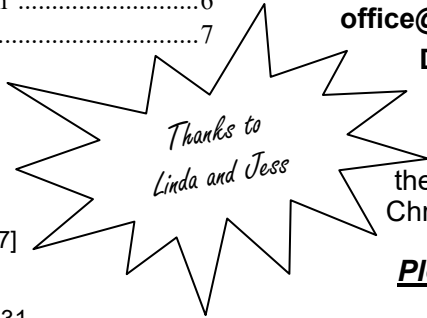
Proverbs 8:1-4, 22-31
Psalm 8
Romans 5:1-5
John 16:12-15

June 22

Isaiah 65:1-9
Psalm 22:19-28
Galatians 3:23-29
Luke 8:26-39

June 29

1 Kings 19:15-16, 19-21
Psalm 16
Galatians 5:1, 13-25
Luke 9:51-62



The next Orbit Deadline is June 24

Please get your article to the newsletter in one of the following ways:

- Email your article to:
office@trinityaltoona.com
Dknee6@gmail.com
- Drop your article in the Orbit mailbox inside the Christian Education office.

Please remember:

- **All articles will be included as long as space permits.**
- **Articles will be edited for grammar and/or clarity where needed.**
- **Any article turned in after the deadline will be included in the next month's Orbit.**

Thank You!