



**Wednesday 3 December 2025 Edition**

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**Submission Deadline: Sundays 6:00PM**

**Worship With Us: Saturdays 6:30PM, Sundays 8:15AM & 10:45AM**

**Can't Make It To Church? [Please Give Online](#) (Endorsed by the [ELCA](#))**



Our short-form YouTube series "Out to Pastor" remains on hiatus.  
Catch up on all 325+ archived episodes anytime and watch for new episodes in  
the future. [Visit our YouTube channel to subscribe.](#)

### **COME WORSHIP AT TRINITY THIS WEEKEND**

We invite you to join us at one of our three convenient worship services this weekend:  
Saturday at 6:30PM, Sunday at 8:15AM or Sunday at 10:45AM.

Please support your church by mail, dropbox or online at [TrinityAltoona.com/Give](http://TrinityAltoona.com/Give).



The students of our own Cindy Finnegan will present *Howlin' & Meowin' Good Christmas Music*, a benefit Christmas concert for the Central Pennsylvania Humane Society. It's scheduled for this Sunday December 7 at 3PM at Trinity Altoona. The event will feature Christmas selections performed by piano and vocal students, a stocking stuffer boutique/craft tables for dog and cat lovers, a basket raffle, a visit from Santa, free cookies and hot chocolate plus a chance to meet some adoptable dogs from CPHS. Admission is free, donations are greatly appreciated.

**Trinity Altoona's Souper Bowl IV is coming Sunday January 25 at 1PM in Trinity Hall.** There will be a sign-up sheet in front of the cry room for soups, breads, salads and desserts. Cost for the event is \$5. For more info, contact Angela Counterman.

Did you know Trinity Altoona has a **YouTube Channel**? Now you can watch our short-form series **Out to Pastor** (plus archived worship services and sermons) anytime on your computers, smartphones, tablets and smart TVs. [Subscribe to Trinity's YouTube channel today :\)](#)

Our **regular weekly activities** include the Sewing Group (Mondays 10AM-2PM), Adult Bible Study (Tuesdays 9-10AM), the Healthy You Program (Tuesdays 10:30-11AM, Fridays 10-11AM), the Prayer Breakfast group (Thursdays 9-10AM) and Sunday School (9:30AM).

Fall, Winter, Spring and Summer. Faith, fun and fellowship are always in season at Trinity Altoona :)

## PULSE PIC OF THE WEEK: SANTA'S LITTLE HELPERS



*Trinity's Sunday School kids teamed up to help decorate our church for Christmas.*

*Photo courtesy Angela Counterman.*

### **HELP WANTED!**

We are working to make **The Pulse** bigger and better than ever, but we can't do it without your help.

Email your articles and photos (including who, what and where info for each photo) to [thepulse@trinityaltoona.com](mailto:thepulse@trinityaltoona.com). Be sure to include your phone number in case we have any questions.

**We'd also like to share good news from our Trinity family, such as births, birthdays, graduations, engagements, weddings, anniversaries, job changes, pets, promotions, retirements, travels etc. *The Pulse* is Trinity and you are the pulse!**

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